*The Gathering*

*Hymn Forty days and forty nights*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

*The Greeting*

The Lord be with you

**and also with you.**

*Prayers of Penitence*

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,

and acknowledge our transgressions in penitence and faith.

**Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour  
in thought and word and deed, through negligence, through weakness,**

**through our own deliberate fault.**

**We are truly sorry and repent of all our sins.**

**For the sake of your Son Jesus Christ, who died for us,**

**forgive us all that is past and grant that we may serve you in newness of life**

**to the glory of your name. Amen.**

*Kyrie Eleison*

Lord, have mercy **Lord, have mercy**

Christ, have mercy **Christ, have mercy**

Lord, have mercy **Lord, have mercy**

*Absolution*

Almighty God, who forgives all who truly repent,

have mercy upon you, pardon and deliver you from all your sins,

confirm and strengthen you in all goodness,

and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

**The Collect**

*The president introduces a period of silent prayer with the words*

Let us pray for grace to keep Lent faithfully.

*Silence is kept.*

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness, so may we know your power to save;  
through Jesus Christ your Son our Lord, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**The Liturgy of the Word**

**Readings**

**First Reading**

Genesis 9.8-17

8Then God said to Noah and to his sons with him, 9‘As for me, I am establishing my covenant with you and your descendants after you, 10and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. 11I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.’ 12God said, ‘This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: 13I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. 14When I bring clouds over the earth and the bow is seen in the clouds, 15I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. 16When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.’ 17God said to Noah, ‘This is the sign of the covenant that I have established between me and all flesh that is on the earth.’

At the end the reader may say

This is the word of the Lord.

All Thanks be to God.

**Second Reading**

1 Peter 3.18-22

18Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, 19in which also he went and made a proclamation to the spirits in prison, 20who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. 21And baptism, which this prefigured, now saves you – not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, 22who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

At the end the reader may say

This is the word of the Lord.

All Thanks be to God.

**Gospel Reading**

Hear the Gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

Mark 1.9-15

9In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. 10And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. 11And a voice came from heaven, ‘You are my Son, the Beloved; with you I am well pleased.’ 12And the Spirit immediately drove him out into the wilderness. 13He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. 14Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, 15and saying, ‘The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.’

This is the Gospel of the Lord.

All Praise to you, O Christ.

**Sermon**

The president says

Let us declare our faith in God, Father, Son and Holy Spirit.

*The Creed*

**We believe in one God, the Father, the Almighty,**

**maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,**

**eternally begotten of the Father, God from God, Light from Light,**

**true God from true God, begotten, not made,**

**of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven,**

**was incarnate from the Holy Spirit and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father (and the Son,) who with the Father and the Son**

**is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

*Intercessions*

*In the Diocesan Cycle of Prayer we pray for St Barnabas, Eltham:**Steve Cook (V)*

*In the Anglican Communion Cycle of Prayer we pray for Archbishop Albert Chama and the other bishops, priests and people of the Church of the Province of Central Africa. The Province includes Botswana, Malawi, Zambia, and Zimbabwe. The first Anglican missionary to Malawi was Bishop Charles Mackenzie, who arrived with David Livingstone in 1861. The Province was inaugurated in 1955 and has a movable bishopric. The countries forming the Province are very different. Zambia and Botswana suffer the difficulties of rapid industrialization, along with underdeveloped, thinly populated areas. In Malawi, 30 per cent of the adult males are away as migrant labourers in other countries at any given time. Zimbabwe is experiencing problems of social adjustment after independence.*

*In the Christ Church Cycle of Prayer, we pray for those who live in Broadwalk.*

We pray to the Lord for courage to give up other things

and to give ourselves to him this Lent.

Give your Church the courage to give up her preoccupation with herself

and to give more time to your mission in the world.

[We pray for …]

May the blood and water flowing from the side of Jesus bring forgiveness to your people

and help us to face the cost of proclaiming salvation.

Lord, meet us in the silence,

**give us strength and hear our prayer.**

Give your world the courage to give up war, bitterness and hatred, and to seek peace.

[We pray for …]

May the shoulders of the risen Jesus, once scourged by soldiers,

bear the burden of political and military conflict in our world.

Lord, meet us in the silence,

**give us strength and hear our prayer.**

Give us the courage to give up quarrels, strife and jealousy

in our families, neighbourhoods and communities.

[We pray for …]

May the presence of the risen Jesus, his body once broken and now made whole,

bring peace and direction as we live with one another.

Lord, meet us in the silence,

**give us strength and hear our prayer.**

Give us the courage to give up our selfishness as we live for others,

and to give time, care and comfort to the sick.

[We pray for …]

May the wounded hands of Jesus bring his healing touch,

and the light of his presence fill their rooms.

Lord, meet us in the silence,

**give us strength and hear our prayer.**

Give us the courage to give up our fear of death

and to rejoice with those who have died in faith.

[Especially we hold … in our minds.]

May the feet of the risen Lord Jesus, once nailed to the cross,

walk alongside the dying and bereaved in their agony,

and walk with us and all your Church through death to the gate of glory.

Lord, meet us in the silence,

**give us strength and hear our prayer, here and in eternity. Amen.**

*The Liturgy of the Sacrament*

*The Peace*

Since we are justified by faith, we have peace with God through our Lord Jesus Christ,

who has given us access to his grace.

The peace of the Lord be always with you

**and also with you.**

*Hymn On Jordan’s Bank the Baptist’s Cry*

*Preparation of the Altar*

*Prayer at the preparation of the altar.*

God of mercy and compassion, your Word calls us home to faith and love.

accept all we offer you this day; in the name of Jesus Christ the Lord. **Amen.**

*The Eucharistic Prayer*

The Lord be with you

**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good to give you thanks and praise,

almighty God and everlasting Father, through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance

that through a pilgrimage of prayer and discipline

we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service you bring us back to your generous heart.

Through study of your holy word you open our eyes to your presence in the world

and free our hands to welcome others into the radiant splendour of your love.

As we prepare to celebrate the Easter feast

with joyful hearts and minds we bless you for your mercy

and join with saints and angels for ever praising you and saying:

**Holy, holy, holy Lord, God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

All glory be to you, our heavenly Father, who, in your tender mercy,

gave your only Son our Saviour Jesus Christ

to suffer death upon the cross for our redemption;

who made there by his one oblation of himself once offered

a full, perfect and sufficient sacrifice, oblation and satisfaction

for the sins of the whole world; he instituted,

and in his holy gospel commanded us to continue,

a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray, and grant that, by the power of your Holy Spirit,

we receiving these gifts of your creation, this bread and this wine, according to your Son

our Saviour Jesus Christ's holy institution, in remembrance of his death and passion,

may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread and gave you thanks;

he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;

he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

Jesus Christ is Lord:

**Lord, by your cross and resurrection you have set us free.  
You are the Saviour of the world.**

Therefore, Lord and heavenly Father, in remembrance of the precious death and passion,

the mighty resurrection and glorious ascension of your dear Son Jesus Christ,

we offer you through him this our sacrifice of praise and thanksgiving.

Grant that by his merits and death, and through faith in his blood,

we and all your Church may receive forgiveness of our sins

and all other benefits of his passion.

Although we are unworthy, through our manifold sins, to offer you any sacrifice,

yet we pray that you will accept this the duty and service that we owe.

Do not weigh our merits, but pardon our offences, and fill us all who share in this holy communion with your grace and heavenly blessing;

through Jesus Christ our Lord, by whom, and with whom, and in whom,

in the unity of the Holy Spirit, all honour and glory be yours, almighty Father,

for ever and ever. **Amen.**

*The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven, hallowed be thy name;**

**thy kingdom come; thy will be done; on earth as it is in heaven.**

**Give us this day our daily bread. And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation; but deliver us from evil.**

**For thine is the kingdom, the power and the glory,**

**for ever and ever. Amen.**

*Breaking of the Bread*

*The president breaks the consecrated bread.*

Every time we eat this bread and drink this cup,

**we proclaim the Lord's death until he comes.**

*Agnus Dei*

**Jesus, Lamb of God, have mercy on us.**

**Jesus, bearer of our sins, have mercy on us.**

**Jesus, redeemer of the world, grant us peace.**

*Giving of Communion*

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,**

**but only say the word, and I shall be healed.**

*Quiet Music: Wa Wa Wa Emimimo*

*Prayer after Communion*

*Silence is kept.*

Lord God, you have renewed us with the living bread from heaven;  
by it you nourish our faith, increase our hope, and strengthen our love:  
teach us always to hunger for him who is the true and living bread,  
and enable us to live by every word that proceeds from out of your mouth;  
through Jesus Christ our Lord. **Amen.**

*Then we pray together:*

**Father of all, we give you thanks and praise,**

**that when we were still far off**

**you met us in your Son and brought us home.**

**Dying and living, he declared your love,**

**gave us grace, and opened the gate of glory.**

**Keep us firm in the hope you have set before us,**

**so we and all your children shall be free,**

**and the whole earth live to praise your name;**

**through Christ our Lord. Amen.**

*The Dismissal*

May God the Father, who does not despise the broken spirit, give to you a contrite heart. **Amen.**

May Christ, who bore our sins in his body on the tree, heal you by his wounds. **Amen.**

May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace. **Amen.**

and the blessing of God almighty, the Father, the Son, and the Holy Spirit,

be among you and remain with you always. **Amen.**

Hymn: Purify my heart

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